





cakes

Lava cake €6.50 
(served with melted chocolate)

Strawberry cheesecake €6.50 
(served with strawberry sauce)

Brownies €6.50
(served with melted chocolate)

Chocolate Lovin cake €6.50  
(served with melted chocolate)

Snickers cake €6.50  
(served with melted caramel)

Carrot cake €6.50
(served with vanilla syrup)

Apple pie €6.50
(served with fresh cream)

Cherry pie €6.50
(served with fresh cream)

Yoguurt with honey €3.95

SPECIAL LUNCH BOX MENUS



Your favourite food delivered to your office or home! (between 12:00-15:00)

Tzatziki, mussaka, village salad & mashed potato €12.50

Village salad & grilled fish fillet with pasta & tomato sauce €12.50

Prawn cocktail & chicken fillet Diane with rice, vegetables & French fries or jacket or mashed potato. €17.95

Avocado cocktail & jumbo pork chop with rocket salad & French fries or jacket or mashed potato €13.95

 Recommended dish  New dish

* All include french fries or freshly jacket or mashed potato, rice and fresh seasonal vegetables.



fresh to your plate... Try it!

Aberdeen Black Angus Fillet Steak (approx. 280gr) €27.40 

Aberdeen Black Angus Rib Eye (approx. 300gr) €25.95 

All our steaks are served with basmati rice, fresh seasonal vegetables & choice of potato.

One of the best steaks in the world!

Aberdeen Black Angus Beef: High quality beef, renowned for flavor, tenderness and succulence.



Enjoy any of the Aberdeen Black Angus Steaks with any of the below sauces you like with an additional charge of €2.60 (Diane, Black/Creamy Pepper, Béarnaise, Garlic, Black & White, Roquefort cheese, Chasseur, Mascarpone sauce)

Every Friday & Saturday live piano music with English & Greek songs will accompany your meal!!!

*Seafront Finikoudes (Near Medieval fort) 7 Ankyras
Larnaca - Cyprus 6026*



Panos
steakhouse
RESTAURANT

where a steak becomes a work of art



main courses

Grilled pork chop €12.95
(Topped with grilled pineapple)

Pork fillet Diane €16.50
(pork fillet sautéed with mushrooms & onions, flambé with cognac & fresh cream)

Spicy beef €19.95
(shredded beef fillets in a homemade chilli sauce with onions & fresh peppers, served with rice)

Escalope Cordon Blue €13.50
(fillet of pork stuffed with ham & cheese coated in breadcrumbs & deep fried)

Lamb chops €14.95
(five tasty grilled cutlets of lamb)

Beef curry €15.95
(beef pieces flavored in a curry sauce, served with rice)

Beef stroganoff €16.95
(pieces of beef sautéed with onions, mushrooms, fresh tomato & fresh cream, served with rice)

Shredded creamy pepper beef fillet €19.95
(shredded beef fillet flamed with cognac flavored with freshly ground peppers & fresh cream)

Vegetarian dolmades €11.50
(vine leaves stuffed with rice & herbs)

All dishes are served with basmati rice, fresh seasonal steamed vegetables & a choice of potato (unless the side dish is specified)



seafood dishes

Fresh grilled sea bream (approx. 500gr) €14.95
(dressed with olive oil & lemon)

Fresh grilled sea bass (approx. 500gr) €15.95
(dressed with olive oil & lemon)

Mixed fish platter €29.00
(variety from fish & seafood)

Fresh calamari €15.95
(fresh whole calamari, served grilled or fried)

Whole calamari €14.50
(whole calamari in flour & deep fried)

Cod fillet €9.95
(a tender fish fillet in batter & deep fried)

Prawns €18.95
(Grilled or boiled)

Salmon fillet €16.95
(cooked in the oven & served with mascarpone sauce or maple syrup sauce)

Raw Oysters
(raw oysters chilled in a bowl of ice cubes with lemon & sea salt)
(6 half dozen) **€23.00**
(12 dozen) **€44.00**

Creamy garlic prawns €17.95
(peeled prawns cooked in a special homemade creamy garlic sauce)

Fresh trout (approx. 400gr) €15.50
(grilled - served with Anglaise sauce)

Fish & chips €9.95
(lightly breaded & seasoned white fish fillet, served with salad and French fries)

All dishes are served with basmati rice, fresh seasonal steamed vegetables & a choice of potato (unless the side dish is specified)



Side orders & extra sauces

Village salad €3.95

Fried onion rings €4.50

Garlic mushrooms €6.50

Choice of sauces :

Diane sauce €2.60

Black pepper sauce €2.60

Creamy pepper sauce €2.60

Bernaise sauce €2.60

Garlic sauce €2.60

Black & white sauce €2.60

Chausseur sauce €2.60

Roquefort sauce €2.60

Mascarpone sauce €2.60



steaks

T-bone steak (approx. 600gr) €25.95
(tender & juicy)

fillet steaks

Prime fillet (approx. 280gr) €24.50
(the most tender cut of beef)

Fillet Béarnaise (approx. 280gr) €25.50
(prime fillet topped with Béarnaise sauce)

Black and white fillet (approx. 280gr) €25.50
(two half steak fillers with two special homemade sauces)

Spicy fillet (approx. 280gr) €25.50
(fillet steak topped with our homemade chilli sauce)

Chateaubriand (for two) - (approx. 560gr) €51.90
(prime fillet garnished with mushrooms, tomatoes & sauce du chef)

Flambé fillet

Panos Diane (approx. 280gr) €25.95
(prime fillet sautéed with mushrooms & onions, flamed with cognac and fresh cream)

Pepper fillet (approx. 280gr) €25.50
(a tender fillet flamed with cognac & ground peppers)

Creamy pepper fillet (approx. 280gr) €25.50
(a tender fillet flamed with cognac, ground pepper & fresh cream)

Garlic fillet (approx. 280gr) €25.50
(prime fillet flamed in wine & garlic sauce)

Tornado du chef (approx. 280gr) €25.50
(prime fillet flambé with cognac & wine)

Steak foie gras (approx. 280gr) €25.95
(fillet steak topped with foie gras, Chef's special wine sauce, sweet peppers & spring onions)

All steaks are served with basmati rice, fresh seasonal steamed vegetables & a choice of potato.



Recommended dish



New dish



appetizers

Garlic bread with mozzarella cheese €5.50
(homemade garlic bread with melted mozzarella cheese)

Homemade garlic bread €3.95
(three bread rolls overflowing with delicious garlic butter)

Rokcet salad €6.50
(rocket, croutons, sundried tomatoes & mozzarella topped with balsamic dressing)

Avocado cocktail €7.75
(avocado with shrimps & cocktail sauce)

Avocado vinaigrette €4.95
(avocado topped with vinaigrette dressing)

Mushrooms €6.50
(fresh mushrooms in garlic)

Spring rolls €4.95
(two spring rolls stuffed with vegetables & served with sweet and sour sauce)

Prawn cocktail €7.50
(delicious peeled prawns with our specially prepared seafood dressing on a bed of a crisp lettuce with a wedge of lemon)

Crispy prawn balls €9.95
(four deep fried balls from minced prawns, cubes carrot, chopped onions & garlic)

Foie gras paradise €9.95
(duck liver on toast breads topped with chef's special wine sauce, sweet peppers & spring onions)

Garlic mussels €8.50
(mussels with garlic butter sauce garnished with capers & lemon slices)

Smoked salmon with cream cheese €9.00
(smoked salmon with cream cheese, garnished with capers & dill)

Shell fish fantastic €14.95
(mussels, prawns, crabs & mini scallops served with our mascarpone sauce or tomato sauce)

Grilled halloumi €3.95
(two slices of grilled Cyprus cheese)

Tarama or hummus €2.90

Mediterranean dips & appetizers €6.50
(tzatziki, tahini, taramas, hummus, potato & beetroots salad)

Prosciutto rolls €9.50
(prosciutto rolls filled with cream cheese & rocket)

Beef carpaccio €9.50
(beef carpaccio with lemon, artichokes, rocket & spring onions)

Raw Oysters
(raw oysters chilled in a bowl of ice cubes with lemon & sea salt)
(6 half-dozen) **€23.00**
(12 dozen) **€44.00**

Fresh calamari €8.50
(fresh whole calamari tossed in flour, deep fried until golden brown)



soups

Tomato soup €4.95

Mushroom soup €4.95



egg dishes

Cheese omelet €7.50

Ham omelet €7.50

Mushroom omelet €7.50

Mix omelet €7.95
(smoked tenderloin of pork, cheese, mushrooms & onions)

All omelets are served with basmati rice, fresh seasonal steamed vegetables & a choice of potato.



gourmet salads

(main dish)

Traditional village salad €7.95
(fresh village salad served with French dressing)

Halloumi cheese salad €9.50
(fresh village salad with two slices of grilled halloumi cheese)

Panos pomegranate salad €11.95
(fresh green salad with croutons, avocado, pomegranate & parmesan cheese topped with our homemade dressing)

Deluxe shrimp salad €11.95
(fresh green salad with shrimps, served with cocktail sauce)

Seafood salad €13.95
(fresh green salad with mussels, shrimps & octopus, served with cocktail sauce)

Mango salad €12.90
(fresh green salad with croutons, avocado, mango & parmesan cheese, topped with our homemade sauce)

Caesar's salad (plain) €10.50
(crispy lettuce, cherry tomatoes, garlic croutons, Caesar dressing & parmesan cheese)

Chicken Caesar's salad €12.80

Prawn Caesar's salad €13.50

Farmer's salad €14.50
(fresh lettuce, rocket, croutons, cherry tomatoes, avocado & mozzarella cheese, topped with shredded beef fillets and our homemade dressing)



Poultry

Garlic chicken marsala €15.95
(chicken fillet flamed in wine & garlic sauce)

Chicken diane €16.50
(chicken fillet sauteed with mushrooms & onions, flamed with cognac & fresh cream)

Spicy chicken €16.50
(shredded chicken fillet in our homemade chilli sauce, served with rice)

Chicken curry €15.95
(chicken pieces flavored in a curry sauce, served with rice)

Grilled chicken fillet €10.95

Chicken kebab €13.50
(two skewers of grilled chicken fillet. Served with salad & chips)

All dishes are served with basmati rice, fresh seasonal vegetables & a choice of potato (unless the side dish is specified)



pasta

Spaghetti bolognese €10.95
(served with grated halloumi cheese)

Fisherman's pasta €14.95
(spaghetti with mussels, octopus, calamari, prawns & tomato sauce)

Spaghetti Napolitana €12.50
(spaghetti with fresh tomato sauce & mushrooms)

Spaghetti with beef €15.95
(spaghetti with shredded beef fillets & topped with creamy pepper sauce)

Spaghetti with garlic & olive oil €10.95
(spaghetti sauteed in extra virgin oil, garlic, parsley & chilli)



Recommended dish



New dish